



Types of Shots

The most important thing about a shot is to fill the frame with the subject. Get as close as you can to show what you want. There are different types of basic shots:

Extreme Long Shot (XLS) – used to show a large area or landscape. An example would be a shot showing your entire school building.



Long Shot (LS) – a long shot is closer than an XLS. It would show a person from their feet to the top of their head.



Medium Shot (MS) – shows a person from the waist to the top of their head.

Medium Close-Up (MCU) – shows the head and shoulders of the subject.



Close-Up (CU) – contains the entire face of the subject.



Extreme Close-Up (XCU) – shows part of the subject's face.



HINT: It is important to experiment! Cut out a rectangular frame from cardboard. Pretend it is a camera and look through it to “take pictures” of areas in the classroom and of other people. Try different angles as well as the different types of shots.